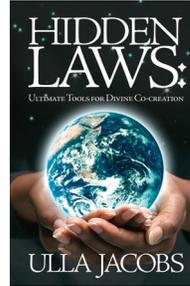


ENCOMPASSING MIND, BODY AND SPIRIT

Universal Law—

by Ulla Jacobs



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Favourite topics include healthy eating, baking, theosophy, universal law, mind/body connection, quantum mechanics and energy healing. For more information and schedule of



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REINCARNATION point-counterpoint

The following synopsis is of an actual conversation with a co-worker. It depicts the different levels of spiritual awareness of two people—two different paths—two different journeys.

“I do not believe it.” He said to me.

“Reincarnation does not exist.

Nothing more to discuss about it.

No heaven, no more than this.

I cannot conceive it.” He said to me.

“The point of it does not make sense.

When death comes along that’s it.” He said.

“What else could there possibly be?”

“I do believe it.” To him I said.

“What point to life otherwise?

There would be no room for advancement,
no chance to raise the vibration.

What point would there be for just one life?”

This of him I asked.

“Death is just of the body.

Our essence is then set free.

To come again another time.

To learn, to love, to just be.”

“You haven’t convinced me.” He said to me.

“No one can know for sure.

I cannot conceive of an afterlife.

This life is enough to endure.”

The person I spoke with was still asleep.

The concept escaped him somehow.

A consciousness level had not been reached;
perhaps later in some way, not now.

This view may change when he makes the leap
to a new way of understanding.

But not now.

This person speaking is myself,
with many lives under my belt.

I understand the cycle of life,
the point of the play and beyond.

Always another chance to learn;
a chance to gain insight and see.

Reincarnation—
a definite fact to me;
A concept I know to be.

