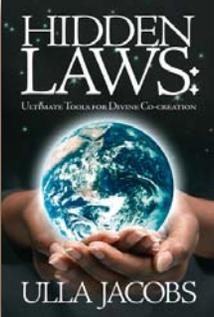


ENCOMPASSING MIND, BODY AND SPIRIT



U niversal Law—

by Ulla Jacobs



Ulla Jacobs has been a researcher for more than 35 years.

Favourite topics include healthy eating, baking, theosophy, universal law, mind/body connection, quantum mechanics and energy healing. For more information and schedule of upcoming classes on Universal Law, visit:

www.ullajacobs.com

DEATH IS AN ILLUSION *do I have your attention?*

Then, let's examine the Universal Law of Transition which oversees the entrance into physicality, as well as the exit.

We come into body to experience, feel and learn. When the current incarnation is at an end, like actors at the end of a play, we shed the costume and go back home.

Where is home? You may ask.

That is a question most aptly explained by Dr. Michael Newton, a regression therapist. He discovered many souls were communicating with him from the spirit realm, not in body as he expected. This realm is where souls reside until they decide to enter another incarnation. In his book 'Life between Lives' Dr. Newton chronicles some of the data collected from over 7000 clients. Dr. Newton is the founder of the Newton Institute for Life Between Lives Hypnotherapy.

To learn more, visit: www.spiritualregression.org

In his book 'Children who remember previous Lives' Dr. Ian Stevenson also explores the possibility of reincarnation. He collected data from subjects under ten years of age, then verified the spontaneous past life recall info given, by identifying the deceased persons the children remember being.

At the age of four, the present Dalai Lama recognized many of the belongings of the previous Dalai Lama as having been his own. Further testing revealed that he was indeed the incarnation of the thirteenth and thus became the fourteenth Dalai Lama of Tibet.

Madame Blavatsky, founder of Theosophy had this to say.

“That which is part of our souls is eternal. . . Those lives are countless, but the soul or spirit that animates us throughout these myriads of existences is the same; and though “the book and volume” of the physical brain may forget events within the scope of one terrestrial life, the bulk of collective recollections can never desert the divine soul within us. Its whispers may be too soft, the sound of its words too far off the plane perceived by our physical senses; yet the shadow of events that were, just as much as the shadow of the events that are to come, is within its perceptive powers, and is ever present before its mind's eye.”

<http://www.theosociety.org>



What can the belief in the existence of reincarnation offer us?

- Greater meaning to life, to know that it continues on.
- Understanding that soul learning is the key. If the lesson is not learned in one particular lifetime, we get a chance for a do-over.
- Karma equalizer. We may choose to absolve karma by atoning for previous deeds done to others.
- Comfort to know death of the body is not an ending; just one of many experiences designed for soul learning.
- The understanding of this principle negates the fear surrounding the death process of the body. The Law of Transition provides for a supported and guided journey, upheld by the presence of loved ones from the spirit realm.

I am on a personal mission to help alleviate the fear surrounding the transition process; to ease the anxiety and foreboding felt by many.

The opposite of death is birth not life, for life is eternal.

“The soul comes from without into the human body, as into a temporary abode, and it goes out of it anew... it passes into other habitations, for the soul is immortal.”

Ralph Waldo Emerson



THANK YOU
genesis
Hair & Esthetics
652-3211
www.geneshair.ca
2142 Keating X Rd Saanichton B.C.

RESTORING DIGNITY IN BC

Beds for domestically abused women and children 25 • Beds for victims of sexual trafficking 10 • Family services in communities 37 • Youth recovery beds 6 • Adult treatment beds 118 • Transitional housing beds 374 • Shelter beds for the homeless 554 • Extreme cold weather beds 189 • Community crisis response units 14 trucks/3 transport vehicles • Assisted living/long term beds for seniors 334 • Hospice care beds 10 • Residential beds for parolees 112

Faith + Dignity + Hope for all.
To donate please call 1-800-SAL-ARMY
or visit www.salvationarmy.ca




Marc and Fran Jinnouchi have striven to create a warm, friendly eatery where guests feel welcome, comfortable and appreciated. The quality of food and atmosphere have helped this bistro flourish as a neighborhood gathering place. The Jinnouchis invite you to drop in during the day for a comforting, fresh breakfast or lunch — or in the evening for an intimate dining experience with delectable cuisine.

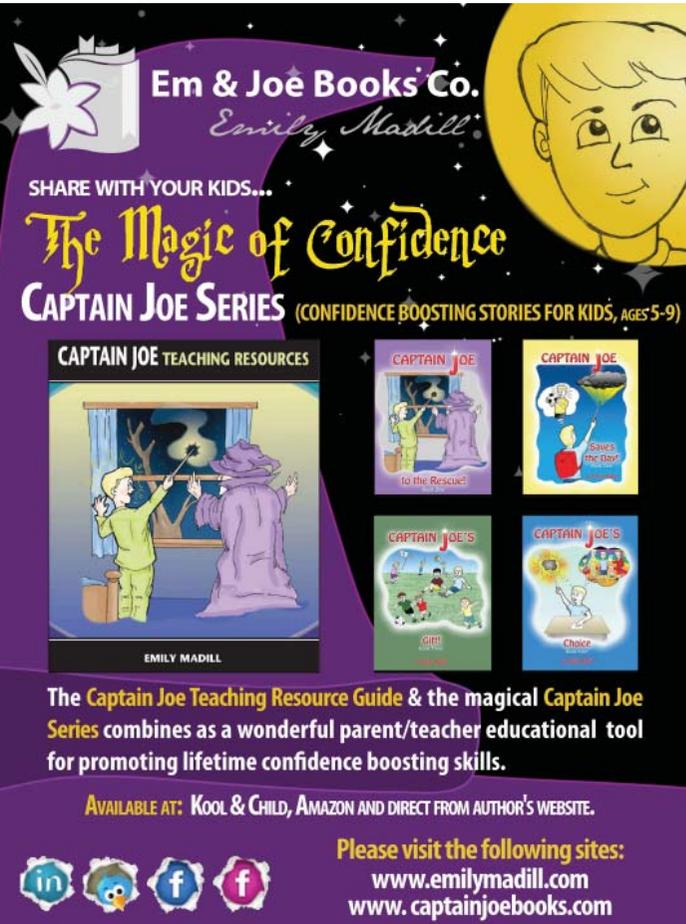
EVEDAR'S BISTRO
2829 Peatt Rd. 250.391.8636

SUNDAY BRUNCH
9:30am to 2:30pm

Enjoy fine coffees & teas; a variety of local, domestic and imported beer, wine & spirits; and special performances by talented local musicians several nights a week.

LIVE MUSIC!
SEE WEBSITE FOR EVENT DETAILS

www.evedarsbistro.ca



Em & Joe Books Co.
Emily Madill

SHARE WITH YOUR KIDS...
The Magic of Confidence
CAPTAIN JOE SERIES (CONFIDENCE BOOSTING STORIES FOR KIDS, AGES 5-9)

CAPTAIN JOE TEACHING RESOURCES

CAPTAIN JOE To the Rescue!
CAPTAIN JOE Saves the Day!
CAPTAIN JOE'S Choice
CAPTAIN JOE'S Choice

The **Captain Joe Teaching Resource Guide** & the magical **Captain Joe Series** combines as a wonderful parent/teacher educational tool for promoting lifetime confidence boosting skills.

AVAILABLE AT: KOOL & CHILD, AMAZON AND DIRECT FROM AUTHOR'S WEBSITE.

Please visit the following sites:
www.emilymadill.com
www.captainjoebooks.com

