ENCOMPASSING MIND, BODY AND SPIRIT

The gift of learning

by Ulla Jacobs

As we say goodbye to another year and enter 2012, let us examine some of the concerns and mystique surrounding this coming year, specifically December 21, 2012. Why this date?

stronomically, this is the date on which Earth will align with the sun and the centre of the Milky Way. The Mayans (second to ninth centuries AD) have been credited with bringing this date to light in their prophetic calendar. Some have referred to it as the "end times." Why? The concern is centred around the fact that the Mayans offered no further predictions beyond this date, leading to speculation that it will be the end of time. The Mayan calendar ends here.

The other aspect is that the alignment spot shows a large black hole, which has some scientists on edge. Some believe this could lead to a physical shift of the earth's poles. It seems this shift is already underway. During its most recent earthquake, Japan shifted by eight feet (2.4 m) on the earth's axis, in an easterly direction.

From a western astrology standpoint, there is also another shift underway — a shift of the ages. This is a transition from the Age of Pisces into the Age of Aquarius. We are heading away from an age of religion into an age centred upon the ethers and spirituality. The signs are already present in the lower attendance at some churches.

The explosion of communication via the ethers is Aquarian-driven. Wireless technology exists fully within the ethers, as does telepathic communication, which will become more prevalent as we head further into this age.

Is there anything to fear about this date? No. Everything being energy, as

the new science shows at the quantum level, fear would align us with a very strong vibration that would bring more things to be afraid of.



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The earth is shifting — no question. The change of frequency brought on by a new age has the earth realigning itself on a physical level in order to fit within the new paradigm. This is likely to continue for some time, as a shift of this magnitude does not happen overnight. The earth will rock and she will roll until the shift is complete and she has rebalanced and settled into the new vibration — her home within the new age. This cycle reoccurs about every 26,000 years.

The best way we, the inhabitants, can endure is to realize we are along for the ride. Keeping balanced and centred within ourselves will aid the process as we all build the unified field. How do we do this? Meditation and connecting with nature help to calm and centre us. Too much panic and fear will build the destructive resonance and give it momentum.

The earth can use our support in this birthing process. The transition has begun and will continue until it is complete.

"My friends, love is better than anger. Hope is better than fear. Optimism is better than despair. So let us be loving, hopeful and optimistic. And we'll change the world."

Jack Layton

